



Healthy Hike & Run 8-Mar-2020
13KM CATEGORY - OVERALL SOLO TIMING - PROVISIONAL RESULT

Overall Position	Race Number	First Name	Last Name	Nationality	CP2	Split	Finish	Cat Position	Category	Team/ Sponsor/ Charity
1	279	Stephen	Higgins	United Kingdom	0:50:28	0:17:32	01:08:00	1	Individual Male 40-49	
2	280	WING WAI	TSOI	Hong Kong SAR	0:53:28	0:17:32	01:11:00	1	Individual Male 14-39	
3	277	Shan Ching	Chan	Hong Kong SAR	0:53:28	0:19:32	01:13:00	2	Individual Male 40-49	
4	270	Ming Shing	Tiu	Hong Kong SAR	0:54:28	0:19:43	01:14:11	3	Individual Male 40-49	
5	269	NG	Wing Fai	Hong Kong SAR	0:54:28	0:20:14	01:14:42	4	Individual Male 40-49	
6	215	Nam	Tin Sang	Hong Kong SAR	0:55:28	0:19:53	01:15:21	1	Individual Male 50+	
7	271	Wai Yuen	LAU	Hong Kong SAR	0:55:28	0:20:21	01:15:49	2	Individual Male 14-39	
8	266	Kwok	Hang	Hong Kong SAR	1:00:28	0:24:33	01:25:01	5	Individual Male 40-49	
9	273	WAI CHEONG	LAI	Hong Kong SAR	1:02:28	0:22:45	01:25:13	2	Individual Male 50+	
10	285	William	Tas	Canada	1:06:28	0:22:20	01:28:48	3	Individual Male 14-39	
11	218	Steen Goldberg	Olsen	Denmark	1:07:28	0:23:11	01:30:39	6	Individual Male 40-49	
12	260	Greg	Rawson	United Kingdom	1:09:28	0:23:56	01:33:24	4	Individual Male 14-39	
13	282	Kelvin	Lo	Hong Kong SAR	1:09:28	0:24:56	01:34:24	5	Individual Male 14-39	
14	236	THOMAS	FAN	Hong Kong SAR	1:12:28	0:23:56	01:36:24	3	Individual Male 50+	
15	211	Li	Hung Pan	China	1:14:28	0:25:12	01:39:40	7	Individual Male 40-49	
16	228	Kan	Tze Fai	Hong Kong SAR	1:13:28	0:28:45	01:42:13	8	Individual Male 40-49	
17	263	Edwin	Yip	Hong Kong SAR	1:15:28	0:27:45	01:43:13	4	Individual Male 50+	
18	249	Wai Ki	Wong	Hong Kong SAR	1:17:28	0:26:17	01:43:45	9	Individual Male 40-49	
19	265	Claire	O'Neill	Ireland	1:17:28	0:27:05	01:44:33	1	Individual Female 40-49	
20	268	Dom	Rana	Nepal	1:17:28	0:29:37	01:47:05	5	Individual Male 50+	
21	230	LOIC	MONTINI	France	1:18:28	0:30:00	01:48:28	10	Individual Male 40-49	
22	235	Kevin	Kwai	Hong Kong SAR	1:20:28	0:28:52	01:49:20	11	Individual Male 40-49	
23	217	Hon Cheung	Chan	Hong Kong SAR	1:21:28	0:30:22	01:51:50	12	Individual Male 40-49	
24	246	Chow	Tsz Kiu Erica	China	1:26:28	0:26:15	01:52:43	1	Individual Female 14-39	
25	206	Robyn	Allanson	United Kingdom	1:21:28	0:32:33	01:54:01	2	Individual Female 14-39	
26	225	Kam Chan	Au	Hong Kong SAR	1:24:28	0:31:47	01:56:15	6	Individual Male 50+	
27	276	Patcharin	Chuenchompoo	Thailand	1:25:28	0:31:41	01:57:09	2	Individual Female 40-49	
28	201	PO YUEN HARRIS	HUI	Hong Kong SAR	1:26:28	0:30:47	01:57:15	13	Individual Male 40-49	
29	250	Yin Fung	Hsu	Hong Kong SAR	1:26:28	0:31:41	01:58:09	6	Individual Male 14-39	
30	202	King Long	Cheung	Hong Kong SAR	1:26:28	0:30:32	01:57:00	7	Individual Male 14-39	
31	209	Kam Sing	Po	Hong Kong SAR	1:28:28	0:31:45	02:00:13	7	Individual Male 50+	
32	251	Benjamin	Grand	France	1:33:28	0:29:29	02:02:57	8	Individual Male 14-39	
33	212	Yuk nam	Chung	China	1:31:28	0:32:15	02:03:43	8	Individual Male 50+	
34	272	Vicki	Fan	China	1:32:28	0:31:15	02:03:43	3	Individual Female 14-39	
35	204	Chau Sing	Wu	Hong Kong SAR	1:31:28	0:33:20	02:04:48	9	Individual Male 50+	
36	241	Choi Yu	Fan	Hong Kong SAR	1:33:28	0:32:48	02:06:16	4	Individual Female 14-39	
37	224	Hing Wing	Tsang	Canada	1:30:28	0:35:49	02:06:17	10	Individual Male 50+	
38	275	Sutida	Harding	Thailand	1:35:28	0:32:12	02:07:40	3	Individual Female 40-49	
39	205	Ivan	Young	New Zealand	1:30:28	0:39:09	02:09:37	11	Individual Male 50+	
40	258	David Michael	Cartwright	United Kingdom	1:37:28	0:33:07	02:10:35	12	Individual Male 50+	
41	220	Kwok Fu	Leung	Hong Kong SAR	1:36:28	0:37:55	02:14:23	13	Individual Male 50+	
42	213	Wong	check yin	China	1:37:28	0:39:07	02:16:35	14	Individual Male 50+	
43	223	Yiu Wing	Ha	Hong Kong SAR	1:31:28	0:50:12	02:21:40	15	Individual Male 50+	
44	281	Sing Keung	Cheung	Hong Kong SAR	1:44:28	0:37:36	02:22:04	16	Individual Male 50+	
45	233	Ying	Lam	Hong Kong SAR	1:51:28	0:39:07	02:30:35	5	Individual Female 14-39	
46	232	PowPow	Lam	Hong Kong SAR	1:51:28	0:39:09	02:30:37	6	Individual Female 14-39	
47	242	Lok Man	Fan	Hong Kong SAR	1:53:28	0:39:22	02:32:50	7	Individual Female 14-39	
48	207	Lai Suen	Yau	Hong Kong SAR	1:51:28	0:42:05	02:33:33	1	Individual Female 50+	
49	226	Rajesh	Navalkha	United States	1:58:28	0:39:17	02:37:45	17	Individual Male 50+	
50	278	Siu Ching	Chan	Hong Kong SAR	1:53:28	0:45:12	02:38:40	18	Individual Male 50+	
51	245	Siu	Sau Fun Maggie	China	1:58:28	0:44:00	02:42:28	2	Individual Female 50+	
52	244	Chui shan royce	Chung	China	1:58:28	0:44:04	02:42:32	4	Individual Female 40-49	
53	237	Sau yin cindy	Siu	Hong Kong SAR	1:57:28	0:45:12	02:42:40	3	Individual Female 50+	
54	256	SHU MAN	WU	Hong Kong SAR	2:04:28	0:50:12	02:54:40	5	Individual Female 40-49	
55	257	Lok Man	Chan	Hong Kong SAR	2:04:28	0:50:13	02:54:41	8	Individual Female 14-39	
56	240	Uphimina	Ng	Hong Kong SAR	2:07:28	1:04:59	03:12:27	4	Individual Female 50+	
57	221	Mimi	Ho	Hong Kong SAR	2:23:28	0:56:12	03:19:40	6	Individual Female 40-49	
58	231	Cherie	Kwan	Hong Kong SAR	2:29:28	1:00:32	03:30:00	9	Individual Female 14-39	
59	200	Chi Kin	Chee	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Male 14-39	
60	203	Tai Wai David	Wong	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Male 40-49	
61	208	Yin Wing	Fu	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Male 40-49	
62	210	Man Chun	Li	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Male 14-39	
63	214	梁華	羅	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Male 50+	
64	216	Chun Man	CHEUNG	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Male 50+	
65	219	To Lung	Ng	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Male 50+	

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Overall Position	Race Number	First Name	Last Name	Nationality	CP2	Split	Finish	Cat Position	Category	Team/ Sponsor/ Charity
66	222	Pascal	Laroumanie	France	#N/A	#N/A	#N/A	DNS	Individual Male 40-49	
67	227	賢華	吳	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Male 40-49	
68	229	Tai Wai	Fung	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Male 50+	
69	234	Jack	Wong	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Male 50+	
70	238	Alexander	Murchie	United Kingdom	#N/A	#N/A	#N/A	DNS	Individual Male 40-49	
71	239	Wing chung	Wong	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Male 40-49	
72	243	Sibo	Liu	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Male 14-39	
73	247	TIAN TIAN	LI	China	#N/A	#N/A	#N/A	DNS	Individual Female 14-39	
74	248	Yik Chun	Fan	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Male 50+	
75	252	Hoi Sze	Kwok	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Female 40-49	
76	253	Deena	Schwan	South Africa	#N/A	#N/A	#N/A	DNS	Individual Female 14-39	
77	254	Yuen	Man Chung	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Male 40-49	
78	255	Wong	Chun Wah Billy	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Male 40-49	
79	259	Ross	McCann	United Kingdom	#N/A	#N/A	#N/A	DNS	Individual Male 14-39	
80	261	Ghazi	Kaddouh	United States	#N/A	#N/A	#N/A	DNS	Individual Male 50+	
81	262	Jackson	Kelleher	United States	#N/A	#N/A	#N/A	DNS	Individual Male 14-39	
82	264	Tara	Perrin	United States	#N/A	#N/A	#N/A	DNS	Individual Female 40-49	
83	267	Angela	Wu	Australia	#N/A	#N/A	#N/A	DNS	Individual Female 14-39	
84	274	Ganesh Kumar	Mani	India	#N/A	#N/A	#N/A	DNS	Individual Male 14-39	
85	283	Sing Keung	Cheung	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Male 50+	
86	284	Kelvin	Lo	Hong Kong SAR	#N/A	#N/A	#N/A	DNS	Individual Male 14-39	